# UK Weather Patterns: From Chilly June to Brief Summer Heat, What's Next?



The UK experienced a brief period of summer heat last week, with temperatures rising to 31°C in some regions. This warm spell followed a notably chilly June, where temperatures dropped as low as 5°C. According to the Met Office, the beginning of June was colder than average, attributable to northerly winds bringing cold Arctic air.

Despite a warm spell in the latter part of the month, average temperatures remained below normal. The Met Office has provided a tentative forecast indicating that early next week could see more settled conditions, particularly in the eastern parts of the country, with temperatures returning to or exceeding the average.

The upcoming weekend is expected to be cool and showery, with frequent rain in the northwest. The forecast for the latter part of July suggests a likelihood of cooler and more unsettled weather, though there is low confidence in this prediction due to weak and conflicting signals.