# Ten years after UK's youngest organ donor, family finds joy in new arrival



In 2014, Teddy Houlston became the UK's youngest organ donor, passing away just 100 minutes after birth due to anencephaly, a fatal congenital brain condition. Despite the grief, Teddy's organ donation saved a woman's life and inspired the Mirror's 'Change The Law For Life' campaign to promote an opt-out system for organ donors, which came into force in 2020.

A decade later, Teddy’s family in Cardiff welcomed a new member, Bodhi, born on February 11, 2024. Bodhi's arrival brings joy and a sense of completeness to her parents, Mike and Jess Houlston, and her surviving twin brother, Noah. Mike, 39, and Jess, 37, express relief and happiness, noting Bodhi's resemblance to Teddy.

Noah, now 10, deeply cherishes his new sibling, often sharing a recording of Teddy’s heartbeat with her. Since Teddy's passing, the family's bond has strengthened, and they continue to honor his memory, most notably through the significant milestone of welcoming Bodhi.

Their story underscores the emotional journey of losing Teddy and the solace found in Bodhi, adding a hopeful chapter to their narrative.