# Nat Sciver-Brunt undergoes egg-freezing treatment to balance cricket and family plans



Nat Sciver-Brunt missed the first T20 match against Pakistan due to undergoing egg-freezing treatment. Sciver-Brunt, 31, who has been married to former England fast bowler Katherine Sciver-Brunt since May 2022, shared this on the "Under The Lid" podcast. She explained that while both she and Katherine wish to start a family, she also wants to continue playing cricket. She mentioned that the England sports science and medical department has been supportive in her return to cricket following the procedure.

Sciver-Brunt was absent from England's 53-run win at Edgbaston, initially reported as due to a "minor medical procedure." She is expected to return for the second T20 match in Northampton.

The egg-freezing process involves harvesting and freezing a woman’s eggs for future use, a measure Sciver-Brunt decided on to balance her cricket career and family planning. Both Nat and Katherine have expressed their desire to carry a child in the future.

Katherine, who retired in 2023 after a 19-year career, highlighted the financial and physical aspects of the egg-freezing process and its potential impact on female athletes’ careers. Currently, there are no mothers in the England team, with the last being Arran Brindle, who retired in 2014.

Nat Sciver-Brunt is considered one of the highest-paid female athletes in the UK, having been sold for approximately £320,000 to the Mumbai Indians in the Women’s Premier League auction in early 2023.